

Band 6 Occupational Therapy Job Advert – July 2026 LF Edit

We are currently recruiting several Senior Occupational Therapists (Band 6) to join our adult community rehabilitation Active Recovery Service or our Neighbourhood Therapy Teams in Leeds. Both services are committed to delivering high quality, person centred rehabilitation and support to adults within their own homes and local communities. We are looking for Occupational Therapists who are passionate about enabling people to live independently, achieve meaningful goals and maximise their quality of life.

As a Senior Occupational Therapist, you will play a key role in supporting individuals following illness, injury, hospital admission, functional decline or changes in their health and wellbeing. You will work collaboratively with patients, families, carers and multidisciplinary colleagues to deliver evidence based assessment, rehabilitation and intervention that promotes independence and supports people to remain safely in their own homes wherever possible.

These roles provide an excellent opportunity to develop specialist skills in community rehabilitation within highly supportive and forward thinking teams. Whether you join Active Recovery or a Neighbourhood Therapy Team, you will be part of a service that is committed to innovation, integrated working and delivering outstanding patient outcomes.

Active Recovery Service

The Active Recovery Service was established in 2023 following a successful pilot and represents a pioneering partnership between Leeds Community Healthcare NHS Trust and Leeds City Council. Bringing together Occupational Therapists, Physiotherapists, Therapy Assistants and Social Care colleagues, the service provides an integrated intermediate care model designed to support people to regain their independence following a hospital admission or period of illness.

The service delivers short term, goal focused rehabilitation to adults who require support to return to their previous level of functioning or adapt to changes in their condition. Through intensive rehabilitation and a strengths based approach, the team works with individuals to achieve what matters most to them and reduce ongoing care needs wherever possible.

This is primarily a physical health rehabilitation service, supporting a wide range of patients with varied and often complex needs. Clinical presentations may include people recovering from trauma, orthopaedic surgery, fractures, neurological conditions, deconditioning, frailty, long term health conditions and acute illness. The breadth of presentations offers an excellent opportunity for Occupational Therapists to further develop their clinical reasoning, rehabilitation skills and expertise in supporting functional recovery.

A key feature of the service is its commitment to integrated working. Therapists work closely alongside health and social care colleagues to ensure patients receive coordinated and seamless care. This enables professionals to take a holistic approach to rehabilitation, considering not only physical function but also environmental, social and psychological factors that influence recovery and independence.

Active Recovery is an exciting and dynamic service with a strong focus on innovation and continuous improvement. The service has received recognition for its collaborative approach to rehabilitation and integrated care and has been nominated for several awards. It is considered a leading example of intermediate care integration and continues to influence service development both locally and nationally.

Staff working within Active Recovery benefit from opportunities to contribute to service development initiatives, quality improvement projects and innovation programmes. As the service continues to evolve, there are exciting opportunities to influence future pathways and help shape how rehabilitation services are delivered across Leeds.

Neighbourhood Therapy Teams

The Neighbourhood Therapy Service is currently undergoing an exciting transformation and plays a central role in the delivery of community healthcare across Leeds. The service is committed to providing responsive, preventative and person centred care that supports people to remain independent in their own homes and communities.

Operating through hub teams across the city, the service provides Occupational Therapy and Physiotherapy interventions for adults experiencing a wide range of health conditions, functional difficulties and rehabilitation needs. The service supports both planned rehabilitation and urgent care pathways, including the delivery of Urgent Community Response services aimed at preventing unnecessary hospital admissions and supporting timely interventions in the community.

Patients referred to the service present with a diverse range of needs, including long term health conditions, frailty, falls, neurological conditions, mobility difficulties, mental health presentations affecting function, and complex combinations of health and social care challenges. This variety provides Occupational Therapists with an opportunity to utilise a broad range of assessment and treatment skills while delivering truly holistic care.

The service adopts a neighbourhood based approach, enabling clinicians to work closely with local communities, primary care services, social care teams, voluntary organisations and wider system partners. This collaborative model supports integrated care planning and ensures patients receive coordinated support that addresses their individual needs and circumstances.

The Neighbourhood Therapy Teams are passionate about preventing avoidable hospital admissions and promoting recovery and independence through early intervention and rehabilitation. Therapists play an essential role in assessing functional ability, identifying risks, delivering rehabilitation programmes and supporting individuals to achieve their personal goals.

As part of the ongoing transformation of community services across Leeds, staff within the Neighbourhood Therapy Service have opportunities to influence service design, contribute to innovative models of care and help shape the future delivery of community rehabilitation services.

Working as a Band 6 Occupational Therapist, you will manage a varied and rewarding caseload, working autonomously while benefiting from support from experienced clinical colleagues and multidisciplinary teams. You will be responsible for undertaking comprehensive assessments, developing person centred treatment plans and delivering interventions that support individuals to maximise independence and participation in meaningful occupations.

You will work with people in their own homes and communities, assessing physical, cognitive, psychological and environmental factors that impact upon function and wellbeing. You will use your professional knowledge and clinical reasoning skills to develop tailored interventions that support people to achieve their rehabilitation goals and live as independently as possible.

Our interventions are diverse and include rehabilitation following illness or injury, falls prevention, management of long term conditions, hospital discharge support, vocational and social rehabilitation, environmental assessments and the provision of equipment and adaptations where appropriate. Occupational Therapy plays a crucial role in helping individuals adapt to changing circumstances and achieve what matters most to them.

We are committed to ensuring that patients receive the right care, from the right professional, at the right time. As a senior clinician, you will be expected to assess and prioritise referrals effectively, coordinate referrals based on risk and need, and coordinate interventions as part of a wider multidisciplinary team. You will collaborate closely with Physiotherapists, Nurses, Social Workers, General Practitioners, Therapy Assistants and other healthcare professionals to deliver integrated care and achieve the best possible outcomes for patients.

The role offers significant opportunities to develop and apply advanced skills in health coaching, self-management support and strengths-based practice. We are looking for Occupational Therapists who are able to empower individuals to take an active role in their own recovery and rehabilitation journey. You will support patients to identify meaningful goals and build confidence in managing their health and wellbeing.

In addition to direct clinical work, you will contribute to the supervision and development of Therapy Assistants, students and less experienced colleagues. You will play an important role in creating a positive learning environment and supporting the development of future Occupational Therapy professionals.

Professional development is highly valued within our services. You will receive regular clinical supervision, access to peer support networks and opportunities to participate in continuing professional development activities. We actively encourage staff to pursue specialist interests, undertake service improvement work and contribute to innovation projects that enhance patient care and service delivery.

You will also have opportunities to take part in audits, service development, quality improvement initiatives and wider organisational projects, helping to shape rehabilitation services both within Leeds Community Healthcare and across our partner organisations.

These roles are ideally suited to Occupational Therapists who enjoy variety, autonomy and collaborative working. You will need excellent communication and interpersonal skills, a proactive approach to problem solving and a commitment to delivering high quality person centred care. In return, you will join a supportive and innovative service where your professional growth and wellbeing are prioritised.