

ENTRY CRITERIA FOR THE APPLICATION of TRAINEE CBT THERAPIST with LMWS and the University of Sheffield

Please use the following information to guide your application and ensure you meet the following entry criteria when completing the application

ESSENTIAL CRITERIA

- Please state whether a KSA is required for your application: If you do not have a BABCP core profession, you may still apply via our equivalence route, known as the '[Knowledge, Skills and Attitudes](#)' (KSA) portfolio.
- If KSA is required, please reference whether you have a completed KSA or condensed KSA ready to submit. This is required as part of the recruitment and interview process.
- Candidates must be able to commute to Leeds based clinics as part of daily work
- Candidates must attend the University of Sheffield face to face as per the university timetable. This includes but is not limited to each week on Wednesdays/Thursdays.
- Recent experience of carrying out evidence based therapeutic interventions with adults with mental health difficulties.
- Willingness to participate in self-directed study outside of employed working hours
- Experience working with clinical risk
- A minimum of two years' experience working in mental health-based environment.
- Experience of accessing clinical supervision and utilising constructive feedback

ESSENTIAL ACADEMIC ENTRY CRITERIA

- Candidates must have a first degree in an applied discipline (usually Psychology) to be considered.
- Candidates must be able to demonstrate learning equivalent to level 6 higher education study. A candidate may have an undergraduate degree in a different subject; however, the course would require evidence of additional study in a health or psychology related subject from the candidate. Ideally, this would also be at level 6, however other levels of formal qualification in a health or psychology related subject, in conjunction with a previous level 6 qualification, will be considered.
- Candidates must either meet one of the following BABCP core mental health profession requirements OR complete a KSA (see below):
 - **Medicine** – Psychiatrist or General Practitioner, MBChB or MBBS, and usually PG training with membership of MRCP, MRCP or MRCPsych
 - Occupational Therapy – BSc (Hons) Occupational Therapy, MSc Occupational Therapy, or Dip C.O.T and HCPC Registered
 - **Psychotherapy/ Psychotherapeutic Counselling** - UKCP Registration
 - **Registered Nurse** – Mental Health (RMN), or Learning Disability (General Nursing and Enrolled Nursing is insufficient)
 - **Social Work** – CQSW, DipSW, MA Social Work, or BA/BSc Hons Social Work. Registered with one of four UK regulators - Social Work England (SWE), Social Care Wales (SCW), Northern Ireland Social Care Council (NISCC) and Scottish Social Services Council (SSSC)
 - **Postgraduate Doctorate in Clinical/Counselling Psychology** - accredited by the British Psychological Society and HCPC Registered as Practitioner Psychologist
 - Educational Psychology - Doctorate or QEPS - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist
 - **Health Psychology** - QHP stage 2 - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist
 - **Counselling** – Accreditation with the BACP, IACP, COSCA, or FDAP (NCAC) - Registration with these organisations isn't sufficient.
 - **Forensic Psychology** - QFP stage 2 - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist

	<ul style="list-style-type: none"> • Candidates from a PWP background must have been qualified and practising as a PWP for at least two years at the start date of the course, 12 October 2026 (from the date of the qualifying exam board) in order to meet national expectations. • Candidates from a core profession background must have at least two years post-qualification experience at the start date of the course. • Candidates are unable to progress through the recruitment process if they are already registered on a Health Education England (HEE) funded programme. • All candidates must provide the following information at interview: <ul style="list-style-type: none"> • Evidence of a BABCP recognised core profession OR an electronic completed KSA portfolio. • If you don't have a BABCP core profession, you may still apply via our equivalence route, known as the 'Knowledge, Skills and Attitudes' (KSA) portfolio.
<p>DESIRABLE CRITERIA</p>	<ul style="list-style-type: none"> • Current role based in relevant field to role applied for (mental health) • Experienced of working with full clinical caseload • Experience of working in a Talking Therapies service • Knowledge and experience of working within a stepped care intervention model of therapy • Over two years' experience working in mental health • Knowledge and understanding of recovery outcomes linking to therapeutic intervention. • Experience of delivering clinical supervision
<p>EXCLUSION CRITERIA</p>	<ul style="list-style-type: none"> • Candidates must not be enrolled on any other HEI training or educational programme at the time of training.

	<ul style="list-style-type: none">• Candidates who have previously been enrolled and not completed a funded HIPI training course must provide evidence and reference from the previous HEI about extenuating circumstances that lead to withdrawal from the course. Previously funded applicants who have withdrawn without extenuating circumstance, or who have been excluded from a HIPI course, are not eligible to apply.• Candidates who have already completed a CBT course meeting the BABCP minimum training standards for accreditation are not eligible to apply.
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