

A Day in the Life of... Pharmacy Technician (Home Ward Frailty)

Most of my time is spent reviewing new patients, writing discharges and doing domiciliary visits. When reviewing our patients I am looking for potential deprescribing, high anticholinergic burden (ACB) scores, recent medication changes and polypharmacy all which I will flag to one of our pharmacists but I am also seeing if the patients presenting complaint could potentially be linked to any medications they may be taking or not be taking as sometimes can be the case.

We are part of the Home Ward Frailty service working with Community Matrons supporting the city and a team of Consultant Geriatricians from the hospital.

I mainly support patients and their carers with the changes we make on the Home Ward (Frailty), these can happen fast and frequently so most of our patients and their carers require some support and advice. I also help with medication adherence; I can help identify deprescribing and tablet burden and support with inhaler techniques. I also support our Community Matrons with tasks surrounding medications.

Our team works alongside several other services such as the LCH Neighbourhood Pharmacy Technicians, the local Acute Hospital Pharmacy Team, Home Comforts, Age UK, our pharmacists are also involved with the Community Falls Service and the Community Respiratory Service

The best part about my role is when I know I have had a positive impact on a patient's life by helping to organise their medications and work with them and their carers to improve their understanding and adherence, I always get great feedback from our patients and their carers when we have helped with the medications.